

Snowshoeing Gear List

CLOTHING

- warm, moisture-wicking base layers
- wool socks
- toque
- insulated waterproof-windproof jacket
- insulated waterproof-windproof snow pants
- gaiters
- waterproof winter boots
- mittens or gloves
- sunglasses or goggles

EXTRA CLOTHES

- Buff or fleece neck gaiter
- fleece or down sweater
- extra mittens or gloves
- extra socks

FOOD + DRINK

- thermos with hot drink
- trail snacks
- water in insulated water bottle
- extra food (non perishable in case of emergency)

10 ESSENTIALS

- map or trail guide
- compass or GPS
- headlamp + extra batteries
- first aid kit
- whistle + signaling mirror
- emergency shelter
- sunscreen + lipgloss with SPF
- pocket knife or multi-tool
- fire making kit: lighter, matches, fire starters
- snowshoe repair kit
- hand sanitizer
- toilet paper and ziploc bags
- bear spray

GEAR

- snowshoes
- trekking poles with snow baskets
- handwarmers
- toe warmers
- foldable foam pad to sit on
- If going into avalanche terrain: avalanche beacon, probe, and shovel

NICE TO HAVE

- Power bank with charging cable
- Personal locator beacon
- portable camp stove + fuel + pot to boil water

For more information, please visit www.playoutsideguide.com

